

## **MOLLY (3,4 methylenedioxyamphetamine or MDMA)**

- Called Molly (short for molecule; as it is pure crystalline MDMA) usually in capsule form). MDMA also known as Ecstasy
- Stimulant and psychedelic substance. Due to these effects, it is commonly used at rave parties, concerts and festivals and all night dance parties
- Within 15 minutes of taking Molly, it is in the bloodstream and going to the brain. It will increase the release of several of the brain's chemicals (neurotransmitters) specifically serotonin, dopamine and norepinephrine. The effect of this result in an elevated mood, loss of perception of time, heightened sensations and sexual arousal.

### **SO WHAT IS THE DOWNSIDE?**

- Many times Molly can be contaminated with other amphetamines, cocaine, PCP and "bath salts", all of which have their own serious complications
- Initial bad side effects: anxiety, agitation, and dizziness
- Increased sexual arousal plus decreased ability to reason may lead to unprotected sexual activity with possible outcomes of sexually transmitted infections and pregnancy.
- Molly will increase your blood pressure, heart rate and elevate your body temperature. This could lead to injury to the heart, liver, and kidneys.
- The elevated body temperature can also lead to seizures and DEATH from hyperthermia (especially if used in a hot environment such as a dance club, etc.)
- It typically takes days to weeks for the body to recover from Molly. The depletion of brain neurotransmitters can result in depression, confusion, anxiety and cravings for more Molly. In chronic users, these symptoms could last months to years
- For more in-depth details follow the link:  
<http://www.drugabuse.gov/publications/drugfacts/mdma-ecstasy-or-molly>
- Check out You Tube video "What's in My Baggie" Documentary @  
<https://www.youtube.com/watch?v=dYzmZ1IU4zY&app=desktop>

**As you can see, the problems that Molly can cause are serious and can be life threatening. They are also very unpredictable.**