INSTRUCTIONS REGARDING HEALTH INFORMATION

Completion of these forms is required of all new students including transfers. A hold may be placed on class registration if forms are not received in a timely manner.

PLEASE TAKE HEALTH FORMS PACKET TO VISIT WITH YOUR PROVIDER

Health Information Form
You must complete these sections regarding your medical history. Your physician or health care provider must comment on any medical history elements here.

Immunization Records
Please note that Connecticut state law requires that all full-time and matriculating students (undergraduate and graduate) born after December 31, 1956, provide proof of adequate immunization against measles, mumps, rubella and varicella as recommended by the Advisory Committee of Immunization Practices (ACIP) prior to student enrollment at the university.

1) Proof of immunity to Measles (Rubella), Mumps and Rubella (German Measles) - please provide proof of one of the following if born after December 31, 1956:
   a) Two measles, mumps, rubella (or MMR) immunizations (first after age 12 months; the second dose at least 28d after dose #1)
   b) Documentation of positive measles, mumps and rubella titers (blood test), OR
   c) Documentation of date of measles, mumps or rubella disease by your health care provider

2) Proof of immunity to Chicken Pox (Varicella) – please provide proof of one of the following if born after January 1, 1980:
   a) Two varicella immunizations (first after age 12 months; the second dose at least 28d after dose #1), OR
   b) Documentation of positive varicella titer (blood test), OR
   c) Documentation of date of varicella disease by your health care provider

3) Proof of Meningococcal immunization
   a) Connecticut state law requires that all full-time and matriculating students who reside in on-campus housing be vaccinated against meningitis and submit evidence of having received a meningococcal conjugate vaccine not more than five years prior to enrollment.
   b) The Wesleyan University requires evidence of having received a meningococcal vaccine that covers the strains A,C,Y, and W-135. Acceptable MCV4 (quadrivalent) vaccines are Menactra®, Menveo®, Mencevax®; or others as long as they cover all 4 specified strains. Immunization with MPSV4 (e.g., Menomune) more than 5 years ago should be updated with MCV4. Vaccination with monovalent or bivalent strains will not be accepted.
   c) Please note that in October 2010 the Advisory Committee on Immunization Practices is now recommending booster doses of the MCV4 vaccine for healthy adolescents 16-18 years of age. If it has been greater than 5 years since your last immunization, please speak to your medical provider about getting a booster shot.

4) Proof of screening for Tuberculosis (TB) is required of all students. Domestic students need to complete the “Tuberculosis Screening Questionnaire and Testing” that is part of the health history form (see page 6). Domestic students who answer “yes” to any questions, will need to have a TB test if deemed appropriate by your healthcare provider.
   Acceptable TB tests include:
   a) Mantoux (PPD) skin test or
   b) QuantiFeron Gold or T-Spot blood tests
   If your TB test is positive, or if you have had a positive TB test in the past, you will need a chest x-ray. We accept chest x-rays completed within the past 6 months. The radiology report must be attached in order for the university to accept the x-ray results.
Tuberculosis (TB) risk screening is also required of international students entering from countries where TB is endemic (see list page 6 on the medical health forms). **TB screening and testing will be done at Wesleyan Health Center after your arrival on campus.**

International students who have received BCG immunization are not exempt from the requirements for TB screening and testing.

5) Proof of Tetanus-diptheria vaccination recommended

*Physical Exam Form*

A physical exam performed by a non-family member is required and must be within a **two year period** from matriculation. GRADUATE STUDENTS ARE **NOT** REQUIRED TO HAVE A PHYSICAL EXAMINATION.

**THESE FORMS SHOULD BE COMPLETED AND RETURNED BY January 15, 2018.**

Your complete health information form must be on file at Davison health Center before you will be allowed to register for classes. In order to avoid delays, please see your healthcare provider as soon as possible, particularly if your immunization records are incomplete, so that you may obtain any required immunizations/titers.

**QUESTIONS:** If you foresee problems with immunizations or completion of these records, please email *healthforms@wesleyan.edu*

Rhonda Radcliff, Medical Office Manager
Wesleyan Health Center
327 High Street
Middletown, CT 06459
(860) 685-2470 – phone
(860) 685-2471 - fax
healthforms@wesleyan.edu

*Allergy Medications*

If you wish to receive allergy immunotherapy at Davison Health Center, please download the form at www.wesleyan.edu/healthservices/office/allergypacket2.pdf, review it, and have it completed by your allergist. We cannot administer any immunotherapy until this form is in your record.
STUDENT HEALTH FORM

PLEASE PRINT OR TYPE

Student’s Legal Name: ___________________ Preferred Name: ___________________
Birthdate: ___________________ Gender: ________ SSN: ___________________
Permanent Home Address: _______________________________________________________

Telephone: ___________________ Class Year: ___________ Country of Birth: ______________
Parent 1/Guardian 1-full name and address: ____________________________________________

Parent 2/Guardian 2-full name and address: ____________________________________________

In case of emergency, notify:

Full name.............................................. Relationship............................................
Address................................................ Telephone...................................................

AUTHORIZED FOR TREATMENT

I certify to the best of my knowledge that the information on this form is complete and correct, and I give my consent to share medical information with hospital or emergency medical personnel in the case of an emergency. I hereby authorize the Wesleyan University Health Center staff to provide medical treatment and services, as they deem appropriate. This authorization will remain in effect as long as I am a student at Wesleyan University. I also certify that I have downloaded from the Health Service web page, or received by mail, the “Notice of Privacy Practice form”.

In the event of serious illness or injury, parent(s) or guardian(s) may be notified at the discretion of the professional staff.

Student Signature.............................................. Date..............................................

Parent or Guardian Signature (for students under 18 years of age).............................................. Date..............................................
### Medical/Health History

**Student Name:** _____________________________________________

**Provider Review (Initials):** __________

Have you ever had or do you now have any of the following? Explain YES answers in the space below or use a separate sheet

<table>
<thead>
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<th>Check each item</th>
<th>Y</th>
<th>N</th>
<th>Check each item</th>
<th>Y</th>
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<th>Check each item</th>
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<td><strong>EMOTIONAL HEALTH</strong></td>
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<td>Hepatitis</td>
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<td>Rheumatic Fever</td>
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<td>Gallstones</td>
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<td>Tuberculosis or positive skin test</td>
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<td>N</td>
<td>Irritable Bowel syndrome</td>
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<td>Panic attacks</td>
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<td>Inflam. Bowel Disease</td>
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<td>Meningitis</td>
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<td>HIV/AIDS</td>
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<td>Bladder infection</td>
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<td></td>
<td>Kidney infection</td>
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<td></td>
<td>Special dietary needs</td>
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<td><strong>HEAD/NERVOUS SYSTEM</strong></td>
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<td>N</td>
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<td>Concussion/head injury</td>
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<td>Obesity</td>
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<td>Painful or swollen joint(s)</td>
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<td>Seizures/convulsions</td>
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<td>Back problems</td>
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<td></td>
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<td>Color blind</td>
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<td>N</td>
<td>Arthritis</td>
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<td></td>
<td>Tobacco, # cigarettes/ day</td>
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<tr>
<td>Blindness</td>
<td>Y</td>
<td>N</td>
<td>Recent fracture(s)</td>
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<td>Chewing tobacco/snuff</td>
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<td>Hearing impairment</td>
<td>Y</td>
<td>N</td>
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<td>Neuromuscular disorder</td>
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<td>Joint Injury</td>
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<td>N</td>
<td>SKIN</td>
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<td></td>
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<td>N</td>
<td>Acne</td>
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<td>Contact lenses</td>
<td>Y</td>
<td>N</td>
<td>Other skin disease</td>
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<td>Food allergy (list below)</td>
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<td>Frequent ear infections</td>
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<td>N</td>
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<td>Insect stings/bites (list below)</td>
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<td>Sinus problems</td>
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<td>N</td>
<td>BLOOD</td>
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<td>Medications (list below)</td>
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<td>Tonsils/adenoids removed</td>
<td>Y</td>
<td>N</td>
<td>Anemia</td>
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<td>Need for allergy shots</td>
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<td>Sickle Cell trait or disease</td>
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<td>N</td>
<td>GYNECOLOGIC</td>
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<td></td>
<td>OTHER</td>
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<td>Diabetes</td>
<td>Y</td>
<td>N</td>
<td>Gyn exam</td>
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<td>Cancer</td>
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<td>Thyroid Disease</td>
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<td>N</td>
<td>Irregular menstrual periods</td>
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<td></td>
<td>Serious illness</td>
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<tr>
<td>Polycystic ovary syndrome</td>
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<td>N</td>
<td>Gynecological disorder</td>
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<td></td>
<td>Serious injury/accident</td>
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<td></td>
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<tr>
<td><strong>HEART LUNGS</strong></td>
<td>Y</td>
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<td>Hormonal contraceptives</td>
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<td></td>
<td>SPECIAL NEEDS/ DISABILITY</td>
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<td>Heart murmur</td>
<td>Y</td>
<td>N</td>
<td>Do you do a breast self-exam?</td>
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<tr>
<td>High blood pressure</td>
<td>Y</td>
<td>N</td>
<td>Breast lumps</td>
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<tr>
<td>Irregular/rapid heartbeat</td>
<td>Y</td>
<td>N</td>
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<tr>
<td>High Cholesterol</td>
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<td>N</td>
<td>UROLOGIC</td>
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<tr>
<td>Asthma</td>
<td>Y</td>
<td>N</td>
<td>Undescended testicle</td>
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<td></td>
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<tr>
<td>Pneumonia</td>
<td>Y</td>
<td>N</td>
<td>Testicular cancer</td>
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<td></td>
<td></td>
<td>Inguinal hernia</td>
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<td></td>
<td></td>
<td></td>
<td>Do you do testicular self-exam?</td>
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</tbody>
</table>

Please comment on any active/significant medical issues. For concussions, please list dates.

If you have a current complex medical problem that will require ongoing care, please have your physician attach a letter of explanation.

____________________________________________________________________________________________________________________

____________________________________________________________________________________________________________________

Please list any current medications. Include prescriptions, over-the-counter medicines, herbal supplements, and birth control.

____________________________________________________________________________________________________________________

<table>
<thead>
<tr>
<th>Allergic to - Medications</th>
<th>Epipen</th>
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<th>No (circle)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foods</td>
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<td></td>
</tr>
<tr>
<td>Insects/Other</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Family history of serious illness (mother, father, siblings)

____________________________________________________________________________________________________________________

Previous hospitalization (include year)

____________________________________________________________________________________________________________________

Previous surgery (include year)

____________________________________________________________________________________________________________________

Please complete the TB screening questionnaire on page 6 of this form.

Student – p2/2    (4 of 7)
### Vaccination and Tuberculosis Screening Record

**Vaccination Record for incoming transfer students Spring 2018**

**Due:** January 15, 2018

Return to:
Wesleyan University
Dawson Health Center
327 High Street
Middletown, CT 06459 USA
P (860)685-2470 F (860)685-2471

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Date of Birth</th>
<th>E-mail</th>
<th>Phone</th>
<th>Gender</th>
<th>Address</th>
</tr>
</thead>
</table>

Questions? Visit our Frequently Asked Questions (FAQ’s): [www.wesleyan.edu/healthservices](http://www.wesleyan.edu/healthservices) or e-mail us healthforms@wesleyan.edu

### REQUIRED VACCINATIONS

**Measles, Mumps, Rubella (MMR)**

- **MMR - combined**
  - 2 doses or a positive titer. Dose #1 on or after 1st birthday (and after 12/31/1956). Dose #2 ≥28 days after dose #1.
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year

  - **Titers attached**

**Or**

- 2 doses of **measles vaccine** or a positive titer. Dose #2 ≥28 days after dose #1.
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year

  - **Titers attached**

- 2 doses of **mumps vaccine** or a positive titer. Dose #2 ≥28 days after dose #1.
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year

  - **Titers attached**

- 2 doses of **rubella vaccine** or a positive titer. Dose #2 ≥28 days after dose #1.
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year

  - **Titers attached**

**Meningococcal (conjugate required)**

- (on or after 1/2013)
- Select type: Must cover strains A,C,Y, W-135
  - Menactra®
  - Menveo®
  - Nimerex®
  - Mencevax®
  - Other _____________

- 1-2 doses. Only 1 if administered ≥ age 16.

**Varicella Vaccine**

- 2 doses, date of clinician’s diagnosis or positive titer. Dose #1 on or after 1st birthday. Dose #2 ≥28 days after dose #1.
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year

  - Clinician’s Diagnosis: 
    - Month Day Year

  - **Titer attached**

### RECOMMENDED VACCINATIONS

**Diptheria, Tetanus, Pertussis**

- Series of 5 doses
- Dose #1: 
  - Month Day Year
- Dose #2: 
  - Month Day Year
- Dose #3: 
  - Month Day Year
- Dose #4: 
  - Month Day Year
- Dose #5: 
  - Month Day Year

**Adult Tetanus, Diptheria, Pertussis**

- 1 dose within 10 years
- Select type: ☐ Td ☐ Tdap (preferred)

**Hepatitis A Vaccine**

- Series of 2 doses
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year

**Hepatitis B Vaccine**

- Series of 3 doses
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year
  - Dose #3: 
    - Month Day Year

  - **Titer attached**

**Hib Vaccine**

- (Haemophilus influenzae type b)
- Series of 4 doses
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year
  - Dose #3: 
    - Month Day Year
  - Dose #4: 
    - Month Day Year

**HPV Vaccine**

- (human papillomavirus)
- Series of 3 doses
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year
  - Dose #3: 
    - Month Day Year

  - **Titer attached**

**Polio Vaccine**

- Select type: ☐ OPV ☐ IPV
  - Dose #1: 
    - Month Day Year
  - Dose #2: 
    - Month Day Year
  - Dose #3: 
    - Month Day Year
  - Dose #4: 
    - Month Day Year

**Other**

**Clinician Signature**

**Telephone**

**Fax**

☐ Student is compliant with the above requirements. See attached record. **Please Complete Reverse Side**

Provider p1/3 (5 of 7)
**International Students**

Tuberculosis (TB) risk screening is required for international students arriving from countries where TB is endemic (See list below). TB screening and testing will be done at Wesleyan Health Center after your arrival on campus. Students who have had a positive tuberculin test in the past may not need another test, but will still undergo a brief assessment at the Health Center. International students who have received BCG vaccine are not exempt from the requirements for TB screening and testing.

Please complete the questionnaire below. If you answer NO to all questions, no further action is required. If you answer YES to any questions below, your Healthcare Provider is asked to follow up with appropriate testing, when indicated, and to attach chest x-ray results obtained within 6 months of admission to Wesleyan for all students with a history of a positive TB Test.

**PART II. TUBERCULOSIS SCREENING QUESTIONNAIRE AND TESTING REQUIREMENTS (Questions 1-4 to be answered by the student)**

1. Have you ever had a positive tuberculosis skin or blood test? If yes, provider is asked to complete chest x-ray and medication treatment sections below. □ □ Yes □ No

2. Have you ever been in close contact with a person with active tuberculosis (TB)? □ □ Yes □ No

3. Were you born in one of the countries listed below? If yes, please circle country below. □ □ Yes □ No

4. Have you ever lived or traveled for more than one month at a time in one of the countries below? If yes, circle country below. □ □ Yes □ No

**PART III. REQUEST FOR EXEMPTION**

Religious exemption is allowed if the responsible person objects in good faith, in writing, that immunizations violate his or her religious beliefs. The exemption does not apply to tuberculosis screening. Medical exemption is allowed if a physician or health authority deems an immunization medically inadvisable. Explicit written documentation supporting an exemption request must be submitted.

Please go to [www.wesleyan.edu/healthservices/pdfldocuments/immunizerequestform.pdf](http://www.wesleyan.edu/healthservices/pdfldocuments/immunizerequestform.pdf) and submit with medical records packet.

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**COUNTRIES WITH HIGH RATES OF TUBERCULOSIS (TB)**

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<thead>
<tr>
<th>Country</th>
<th>Country</th>
<th>Country</th>
<th>Country</th>
<th>Country</th>
</tr>
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<tbody>
<tr>
<td>Afghanistan</td>
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<td>Guatemala</td>
<td>Maldives</td>
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<td>India</td>
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<td>Rep. of Moldova</td>
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<td>Djibouti</td>
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<tr>
<td>Belize</td>
<td>Dominican Republic</td>
<td>Iraq</td>
<td>Morocco</td>
<td>Russian Federation</td>
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<tr>
<td>Benin</td>
<td>Ecuador</td>
<td>Kazakhstan</td>
<td>Mozambique</td>
<td>Rwanda</td>
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<tr>
<td>Bhutan</td>
<td>El Salvador</td>
<td>Kenya</td>
<td>Myanmar</td>
<td>St. Vincent and the</td>
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<tr>
<td>Bolivia</td>
<td>Equatorial Guinea</td>
<td>Kiribati</td>
<td>Namibia</td>
<td>Grenadines</td>
</tr>
<tr>
<td>Bosnia &amp; Herzegovina</td>
<td>Eritrea</td>
<td>Kuwait</td>
<td>Nauru</td>
<td>Sao Tome &amp; Principe</td>
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<tr>
<td>Botswana</td>
<td>Estonia</td>
<td>Kyrgyzstan</td>
<td>Nepal</td>
<td>Senegal</td>
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<tr>
<td>Brazil</td>
<td>Ethiopia</td>
<td>Lao People’s Dem. Rep.</td>
<td>New Caledonia</td>
<td>Sierra Leone</td>
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<tr>
<td>Brunei Darussalam</td>
<td>Fiji</td>
<td>Latvia</td>
<td>Nicaragua</td>
<td>Singapore</td>
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<tr>
<td>Bulgaria</td>
<td>French Polynesia</td>
<td>Lesotho</td>
<td>Niger</td>
<td>Solomon Islands</td>
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<tr>
<td>Burkina Faso</td>
<td>Gabon</td>
<td>Liberia</td>
<td>Nigeria</td>
<td>Somalia</td>
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<tr>
<td>Burundi</td>
<td>Gambia</td>
<td>Libya</td>
<td>N. Mariana Islands</td>
<td>South Africa</td>
</tr>
<tr>
<td>Cabo Verde</td>
<td>Georgia</td>
<td>Lithuania</td>
<td>Pakistan</td>
<td>South Sudan</td>
</tr>
<tr>
<td>Cambodia</td>
<td>Ghana</td>
<td>Madagascar</td>
<td>Palau</td>
<td>Sri Lanka</td>
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<tr>
<td>Cameroon</td>
<td>Greenland</td>
<td>Malawi</td>
<td>Panama</td>
<td>Zambia</td>
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</tbody>
</table>

6. **TB SKIN TEST** Mantoux skin test only. TB skin tests ARE NOT ACCEPTED from other countries.

Date planted: _____/____/____

Date Read: _____/____/____

Result in induration: ______ mm

If no induration, mark “0”

**PART III. REQUEST FOR EXEMPTION**

Religious exemption is allowed if the responsible person objects in good faith, in writing, that immunizations violate his or her religious beliefs. The exemption does not apply to tuberculosis screening. Medical exemption is allowed if a physician or health authority deems an immunization medically inadvisable. Explicit written documentation supporting an exemption request must be submitted.

Please go to [www.wesleyan.edu/healthservices/pdfldocuments/immunizerequestform.pdf](http://www.wesleyan.edu/healthservices/pdfldocuments/immunizerequestform.pdf) and submit with medical records packet.

Provider p2/3 (6 of 7)
**Physical Exam (within 2 years of matriculation)**  
**Student Name:** _____________________________

<table>
<thead>
<tr>
<th>Height</th>
<th>Weight</th>
<th>Blood Pressure in sitting position</th>
<th>Pulse</th>
</tr>
</thead>
</table>

BMI ______ If <18.5 or > 30, please comment _________________________________________________________

NCAA requires SICKLE CELL testing or signed waiver for all athletes

Sickle Cell (HgbAS) trait status (check one) [ ] AS positive [ ] AS negative [ ] Declines Test

<table>
<thead>
<tr>
<th>Vision without glasses</th>
<th>With glasses</th>
<th>Hearing Right</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vision Right 20/_______</td>
<td>Right 20/_______</td>
<td>Left_______</td>
</tr>
<tr>
<td>Vision Left 20/_______</td>
<td>Left 20/_______</td>
<td></td>
</tr>
</tbody>
</table>

Urinalysis: Sp.Gr_____Glucose_____Prot_____Ketones_____Blood_____Serum Hgb or Hct

<table>
<thead>
<tr>
<th>SYSTEM</th>
<th>NORMAL</th>
<th>DESCRIBE IF ABNORMAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin</td>
<td></td>
<td></td>
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<tr>
<td>HEENT</td>
<td></td>
<td></td>
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<tr>
<td>Lungs, Chest</td>
<td></td>
<td></td>
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<tr>
<td>Breasts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart/Vascular system (Describe murmur, click etc.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Precordial Auscultation in both supine and standing positions to identify murmurs consistent with dynamic left ventricular outflow obstruction</td>
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<td></td>
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<tr>
<td>Assessment of femoral artery pulses to exclude coarctation of the aorta</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assessment and lack of recognition of physical stigmata of Marfan’s Syndrome</td>
<td></td>
<td></td>
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<tr>
<td>Abdomen, liver, spleen, kidneys</td>
<td></td>
<td></td>
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<tr>
<td>Genitourinary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pelvic, if indicated (pls attach most recent Pap)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anorectal</td>
<td></td>
<td></td>
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<tr>
<td>Lymphatic</td>
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<tr>
<td>Musculo-skeletal</td>
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<tr>
<td>Neurological</td>
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<tr>
<td>Endocrine</td>
<td></td>
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<tr>
<td>Psychological</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

List all allergies, including medications, insect venom, etc.

Epipen required?  Yes    No  (circle)
List all current medications with doses

Comment on special dietary requirements

Status of student’s health [ ] Excellent [ ] Good [ ] Poor Comments

May participate in the following sports (check one): [ ] Contact/Collision [ ] Limited Contact [ ] NonContact

Comments

Is this student being treated for chronic/ongoing medical or orthopedic problems? [ ] Yes [ ] No

*If yes, please send a separate letter with pertinent history and ongoing treatment plan/recommendations.*

Having examined this applicant and reviewed his or her past medical history, I consider that ___________ is fit to attend Wesleyan University. I have received permission from this student and would be willing, if indicated, to discuss issues pertaining to their health status with the professional staff of Davison Health Center and will furnish additional pertinent medical records upon request.

Provider Name___________________________________Telephone________________

Address_________________________________________________________________

Signature________________________________________Date___________________

Provider p3/3 (7 of 7)
This notice describes how your medical information may be used and disclosed and how you can access this information. Please review it carefully.

Davison Health Center must maintain the privacy of your personal health information and give you this notice that describes our legal duties and privacy practices concerning your personal health information. In general, when we release your health information, we must release only the information we need to achieve the purpose of use or disclosure. However, all of your personal health information will be available for release to you, to a provider regarding your treatment, or due to legal requirement. We must follow the privacy practices described in this notice.

However, we reserve the right to change the privacy practices described in this notice, in accordance with the law. Changes to our privacy practices would apply to all health information we maintain. If we change our privacy practices, we will give you a revised copy of the notice by access to our website, www.wesleyan.edu/healthservices/, or by calling the office and requesting a revised copy be sent to you, or receiving a copy at the time of your next appointment.

I. Uses and Disclosures of Protected Health Information

Uses and Disclosures of Protected Health Information Based Upon Your Written Consent

Upon entry to the University, you have signed a consent form to authorize Davison Health Center to provide medical treatment if you request it. Once you have signed our consent form, we can use your health information for the following purposes:

Please note that if you refuse to provide consent to us, we may refuse to treat you.

A. Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes coordination or management of your health care with a person or entity which has already obtained your permission to have access to your protected health information.

For example, we would disclose protected health information, with your permission, to another health care provider or sports trainer who may be treating you, to ensure that they have the necessary information to diagnose and treat you.

In addition, we may disclose your protected health information from time to time to another physician or health care provider (e.g. specialist or laboratory), who, at the request of your provider, becomes involved in your healthcare by providing assistance with your diagnosis or treatment to your health care provider.

We may also call you by name in the waiting room when your healthcare provider is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment. We may contact you by phone or other means to provide results from exams or tests and to provide information that describes or recommends treatment alternatives regarding your care. Also, we may contact you to provide information about health related benefits and services offered by our office.

B. Payment: Appointments and visits to Davison Health Center are covered by your regular tuition payments. You do not have to pay extra for general visits. However, certain services provided by the Health Center, such as laboratory testing and prescription medications, may be charged to your student account with your permission. Bills that are submitted to the Office of the Bursar will not have specific or protected health information included. The Office of the Bursar will note on your account that you were charged for a “Health Service Fee” with a specific amount.

Also, if you are referred for services outside of the Health Center for a problem diagnosed at the Health Center, we may release to your insurance company, with your permission, relevant protected health information to assist them in determining your eligibility for coverage and benefits outside of the Health Center and reviewing services provided to you outside of the Health Center for medical necessity.

C. Healthcare Operations: We may use or disclose, as needed, your protected health information in the administrative activities of Davison Health Center. These activities include, but are not limited to:

- Quality Assurance review activities; Employee review activities; Training of medical residents and nursing students;
- Licensing of the Health Center and Staff. For example, we may disclose your protected health information to medical residents and nursing students who may see you in the office while doing a training rotation here. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign in. We may also call you by name in the
waiting room. We may use or disclose your protected health information, as necessary, to contact you to remind you of an appointment.

**Uses and Disclosures of Protected Health Information Based Upon Your Written Authorization**

Other uses and disclosures of your protected health information will be made only with your written authorization, unless otherwise permitted or required by law as described below. You may revoke this authorization in writing, except to the extent that the Health Center has already sent out the requested information.

We may use and disclose your protected health information in the following instances. You have the right to agree or object to the use and disclosure of all or part of your protected health information. If you are not able to agree or object to the use or disclosure of protected health information, then your physician, in his/her professional judgment, will determine whether the disclosure is in your best interest. In this case, only the health information that is relevant to your current health problem will be discussed.

A. **Others Involved In Your Healthcare:** Unless you object, we may disclose to a member of your family or a close friend or any other person you identify, your protected health information that directly relates to their involvement in your healthcare. If you are unable to agree or object to such a disclosure, we may disclose the information as necessary if we determine that it is in your best interest, based on our professional judgment, to use and disclose your protected health information to notify or assist in notifying a family member, personal friend, or any other person that is responsible for your care, of your location, general condition or death. Finally, we may use or disclose your protected health information to an authorized public or private entity to assist in disaster relief efforts and to coordinate uses and disclosures to family and other individuals involved in your healthcare.

B. **Emergencies:** We may use or disclose your protected health information in an emergency treatment. If this happens, your health care provider shall try to obtain your consent as soon as reasonably practicable after the treatment. If your physician or another practitioner in the Health Center is required by law to treat you, and they attempted to obtain your consent but are unable to do so, they may still use your protected health information to treat you.

C. **Communication Barriers:** We may use or disclose your protected health information if your physician or another practitioner in the Health Center attempts to obtain consent from you but is unable to do so due to substantial language barriers and the practitioner determines, using professional judgment, that you intend to consent to treatment under the circumstances.

**Other Permitted and Required Uses and Disclosures That May Be Made Without Your Consent or Opportunity to Object.**

We may use or disclose your protected health information in the following situations without your consent or authorization. These situations include:

A. **Required By Law:** We may use or disclose your protected health information to the extent that the use is required by law. The use or disclosure will be made in compliance with the law, and will be limited to the requirements of the law. For example, we may have to report abuse, neglect, domestic violence, or certain physical injuries, or respond to a court order. You will be notified, as required by law, of any such uses or disclosures.

B. **Public Health:** We may disclose your protected health information for public health activities and purposes to a public health authority that is permitted by law to collect or receive the information. The disclosure will be made for the purpose of controlling disease, injury or disability. We may also disclose your protected health information, as directed by the public health authority, to a foreign government agency that is collaborating with the public health authority.

C. **Communicable Diseases:** We may disclose your protected health information, if authorized by law, to a person who may have been exposed to a communicable disease or may otherwise be at risk of contracting or spreading that disease or condition.

D. **Health Oversight:** We may disclose your protected health information to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Oversight agencies seeking this information may include government agencies that oversee the health care system, government benefit programs, other government regulatory programs and civil rights laws.
E. Food and Drug Administration: We may disclose your protected health information to a person or company required by the Food and Drug Administration to report adverse events, product defects or problems, biologic product deviations; to track products; to enable product recalls; to make repairs or replacements, or to conduct post marketing surveillance as required.

F. Legal Proceedings: We may disclose protected health information in the course of any judicial or administrative proceeding, in response to an order of a court or administrative tribunal (to the extent such disclosure is expressly authorized), in certain conditions in response to a subpoena, discovery request or other lawful proceeding.

G. Law Enforcement: We may also disclose protected health information, so long as applicable legal requirements are met, for law enforcement purposes. These law enforcement purposes include (1) legal processes and otherwise required by law, (2) limited information requests for identification and location purposes, (3) pertaining to victims of a crime, (4) suspicion that death has occurred as a result of criminal conduct, (5) in the event that a crime occurred on the premises of the practice, and (6) medical emergency (not on the practice premises) where it is likely that a crime has occurred.

H. Coroners, Funeral Directors and Organ Donation: We may disclose protected health information to a coroner or medical examiner for identification purposes, determining the cause of death, or for the coroner or medical examiner to perform other duties authorized by law. We may also disclose protected health information to a funeral director, as authorized by law, in order to permit the funeral director to carry out their duties. We may disclose such information in reasonable anticipation of death. Protected health information may be used and disclosed for cadaver organ, eye and tissue donations.

I. Research: We may disclose your protected health information to researchers when their research has been approved by an institutional review board that has reviewed the research proposal, and established protocols to ensure the privacy of your protected health information. For example, such research might help determine whether a certain treatment is effective in curing an illness.

J. Criminal Activity: Consistent with applicable federal and state laws, we may disclose your protected health information, if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health and safety of a person or the public. We may also disclose protected health information if it is necessary for law enforcement authorities to identify or apprehend an individual.

K. Military Activity and National Security: When the appropriate conditions apply, we may use or disclose the protected health information of individuals who are Armed Forces personnel (1) for the activities deemed necessary by military command authorities; (2) for the purpose of a determination of eligibility for benefits by the Department of Veteran’s Administration, or (3) to a foreign military authority under which you serve as a member. We may also disclose your protected health information to authorized federal officials for conducting national security and intelligence activities, including the provision of protective services to the President or others legally authorized.

L. Worker’s Compensation: We may use or disclose your protected health information, as authorized, to comply with worker’s compensation laws and other similar legally established programs.

M. Inmates: We may use or disclose your protected health information if you are an inmate of a correctional facility and your physician created or received your protected health information in the course of providing care to you.

N. Required Uses and Disclosures: Under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500 et. seq.

II. Your Rights

Following is a statement of your rights with respect to your protected health information and a brief description of how you may exercise these rights:

A. You have the right to inspect and obtain a copy of your protected health information. This means you may obtain a copy of protected health information about you that is contained in a designated record set for as
long as we maintain the protected health information. A “designated record set” contains medical and billing records and other records that your physician and the practice uses for making decisions about you.

Under federal law, however, you may not inspect or copy the following records: Psychotherapy notes, information compiled in reasonable anticipation of, or use in, a civil, criminal or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information. Depending on the circumstances, a decision to deny access may be reviewable. In some circumstances, you may have the right to have this decision reviewed. Please contact our Privacy Contact, listed at the end of this notice, if you have questions about access to your medical record.

B. You have the right to request a restriction of your protected health information. This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment, or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care, or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want this restriction of access to apply.

Your physician is not required to agree to a restriction that you may request. If the physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. If your physician does agree to the requested restriction, we may not use or disclose your protected health information in violation of that restriction unless it is needed to provide emergency treatment. With this in mind, please discuss any restriction you wish to request with your physician. You may request a restriction by discussing it with your physician, and then requesting the specific restriction in writing.

C. You have the right to request to receive confidential communications from us by alternative means or at an alternative location. We will accommodate reasonable requests. We may also condition this accommodation by asking you for information as to how payment will be handled, or specification of an alternative address or other method of contact. We will not request an explanation from you as to the basis for the request. Please make this request in writing to our Privacy Contact, listed below.

D. You may have the right to have your physician amend your protected health information. This means you may request an amendment of protected health information about you in a designated record set for as long as we maintain this information. In certain cases, we may deny your request for an amendment. If we deny your request for an amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal. Please contact our Privacy Contact listed below if you have any questions about amending your medical record.

E. You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information. This right applies to disclosures for the purposes other than treatment, payment or healthcare operations as described in this Notice of Privacy Practices. It excludes disclosures we may have made, to family members or friends involved in your care, or for notification purposes. You have the right to receive specific information regarding these disclosures that occurred after April 14, 2003. The right to receive this information is subject to certain exceptions, restrictions and limitations.

F. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice electronically.

III. Complaints

You may complain to us or to the Secretary of Health and Human Services if you believe we have violated your privacy rights. You may file a complaint with us by notifying our Privacy Contact of your complaint. We will not retaliate against you for filing a complaint.

You may contact our Privacy Contact, Joyce Walter at 860-685-2470, or Davison Health Service, 327 High Street, Middletown, CT 06459, for further information about the complaint process or any other questions you have regarding this notice.

This notice is published and becomes effective on April 14, 2003.

Davison Health Center
327 High Street
Middletown, CT 06459 (860) 685-2470 Revised 3/08
RECEIPT OF PRIVACY NOTICE

I, ______________________________, have received a copy of the Davison Health Center Notice of Privacy Practices.

Signature                                      Date

Witness                                        Date

Office Use Only:

☐ Notice sent via mail per student request. Date: _______ Witness: __________________

X Notice sent to first-year student with required Health Center material.
Name: (please print) ______________________ Date of Birth: _____/_____/_____  WESID #: _____________

Over the last 2 weeks, how often have you been bothered by any of the following problems?
0 = Not at all  1 = Several days  2 = More than half the days  3 = Nearly every day

1. Little interest or pleasure in doing things      0 1 2 3
2. Feeling down, depressed, or hopeless      0 1 2 3
3. Trouble falling or staying asleep, or sleeping too much      0 1 2 3
4. Feeling tired or having little energy      0 1 2 3
5. Poor appetite or overeating      0 1 2 3
6. Feeling bad about yourself — or that you are a failure      0 1 2 3
7. or have let yourself or your family down
8. Trouble concentrating on things, such as reading the newspaper or watching television      0 1 2 3
9. Moving or speaking so slowly that other people could have noticed?      0 1 2 3
   Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual
10. Thoughts that you would be better off dead or of hurting yourself in some way      0 1 2 3
11. Feeling nervous, anxious or on edge      0 1 2 3
12. Not being able to stop or control worrying      0 1 2 3
13. Worrying too much about different things      0 1 2 3
14. Trouble relaxing      0 1 2 3
15. Being so restless that it is hard to sit still      0 1 2 3
16. Becoming easily annoyed or irritable      0 1 2 3
17. Feeling afraid as if something awful might happen      0 1 2 3

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?
[ ] Not difficult at all [ ] Somewhat difficult [ ] Very difficult [ ] Extremely difficult

A. Have you experienced the death of a family member, friend, etc., recently? [ ] Yes [ ] No
If yes, your relationship to that person(s):

B. Have you received counseling or psychotherapy in the past? [ ] Yes [ ] No
If yes, date (approx. month(s) and year(s)):

C. Are you currently receiving psychiatric services, professional counseling, or psychotherapy? [ ] Yes [ ] No
If yes, please provide the mental health provider’s name and phone number:
_____________________________________________________________________________________________

D. Are you CURRENTLY taking prescribed psychiatric medication? [ ] Yes [ ] No
If yes, please list what medications, dosage, and the prescribing psychiatrist/physician:
_____________________________________________________________________________________________

E. Have you been hospitalized for psychiatric reasons? [ ] Yes [ ] No
If yes, please specify reason for past hospitalization:
_____________________________________________________________________________________________

F. Have you purposely injured yourself without suicidal intent? (e.g., cutting, burning, etc.) [ ] Yes [ ] No
If yes, please briefly describe:
_____________________________________________________________________________________________

G. Have you made a suicide attempt? [ ] Yes [ ] No
If yes, at what age and how:
_____________________________________________________________________________________________

H. Do you know of anyone who has died by suicide? [ ] Yes [ ] No
If yes, when and how, and your relationship to that person:
_____________________________________________________________________________________________

I. Do you feel you have a problem with any of the following? (Please check as many as apply):
[ ] Alcohol or drug concerns   [ ] ADHD/learning problems   [ ] Anger management   [ ] Eating concerns/body image
[ ] Family problems   [ ] Identify/sense of self   [ ] Impulse Control   [ ] Loss, grief, death   [ ] Medical/Health concerns
[ ] Panic attacks   [ ] Relationship concerns   [ ] Sexuality concerns   [ ] Trauma (e.g., abuse, assault, etc.)
[ ] Other: _______________________________________________________________________________

Revised 7/15