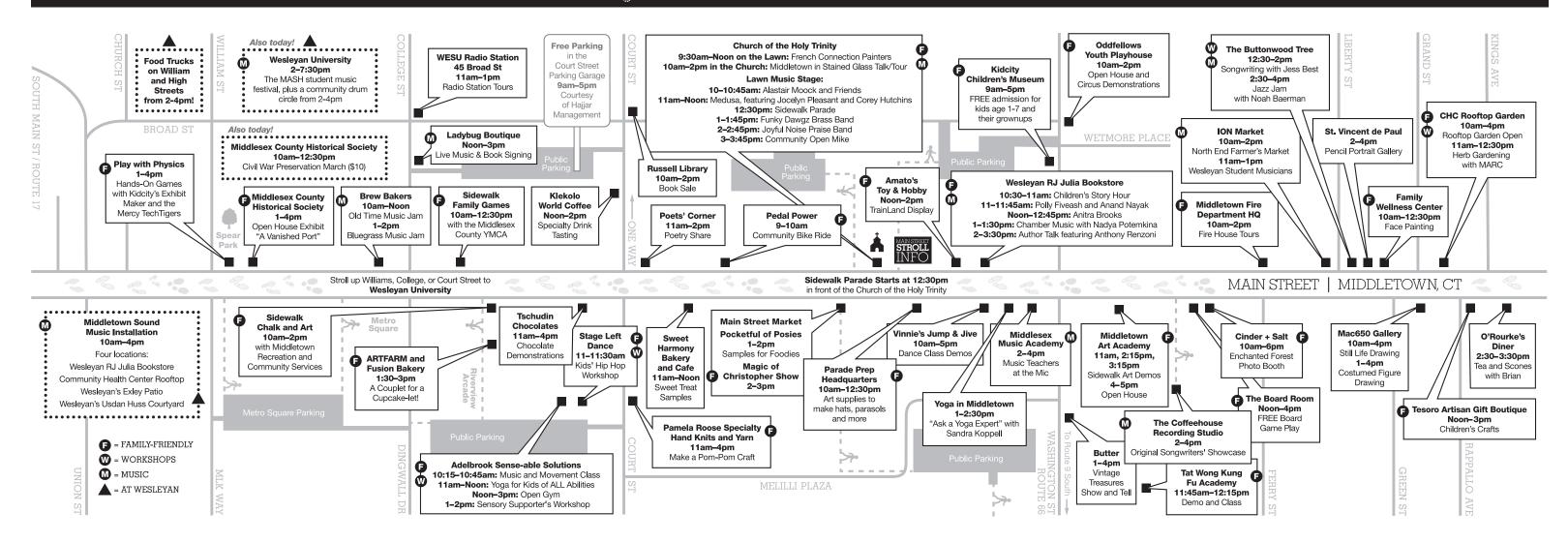
MAIN STREET, MIDDLETOWN, CT | Saturday, September 9th from 10am to 4pm





PERFORMANCES

(Sites Listed Alphabetically)

Brew Bakers (169 Main)

- 10am-Noon: Old Time Jam with Brien Bradley (Wes '19)
- 1-2pm: Bluegrass Jam with the Pitkin Pickers Pick and sing (or just listen!) with local jammers.

The Buttonwood Tree (605 Main)

- 12:30-2pm: Songwriting with Jess Best
- M Join NYC-based songwriter and vocalist Jess Best (Wes '14) as she breaks down her songwriting process from seed to full-band arrangement in a fun. interactive workshop. Don't miss her performance, steeped in soul, R&B, and pop, on Wesleyan's Foss Hill at 6:30pm!
- 2:30-4pm: Jazz Jam hosted by Noah Baerman
- M Bring your voice and/or your instrument to The Buttonwood Tree to jam with expert players Noah Baerman (piano), Becket Cerny (drums) and Connor Schultze (bass)! Bring a song or two to play (and chord chart or lead sheet to share), or just come to listen.

Church of the Holy Trinity (381 Main)

- 10-10:45am: Alastair Moock and Friends
- M Rootsy, singin' and dancin' fun for the whole family with Alastair Moock, 2013 GRAMMY Nominee and two-time Parents' Choice Gold Medal winner.
- 11am-12pm: Medusa, featuring Jocelyn Pleasant and **Corey Hutchins**

Tap (re-)meets jazz in this quartet featuring percussionist Jocelyn Pleasant, pianist Orice Jenkins, bassist Matt Dwonsyk, and tap dancer Corey Hutchins

- 12:30pm: Sidewalk Parade
- The Funky Dawgz lead Strollers in a 15-minute sidewalk parade around Main Street kicked off with a welcome from Wesleyan University President Roth. Bring your own trumpet, guitar, kazoo, or shaker!
- 1-1:45pm: Funky Dawgz Brass Band

This internationally-touring 10-piece band plays a contagious mix of traditional New Orleans R&B, original music, hip hop, funk, and current hits

A contemporary Christian band based at Church of the Holy Trinity, Joyful Noise leads the 3rd Sunday service of every month.

⚠ 3–3:45pm: Community Open Mic

It's your turn to shine! Sign up in advance (rarbo@wesleyan.edu) or drop by to see if there are slots left!

Ladybug Boutique (122 College)

12-3pm: Live Music and Book Signing

Enjoy light drinks and snacks while you listen to singer/songwriters Dave Downs and Danielle Krieger (Wes '19); also, author Elizabeth Lupaccino signs copies of Food for the Soul: Daily Meditations for a Month of Transformation.

Main Street Market (386 Main)

2-3pm: Magic of Christopher Show

eight-of-hand magic, mind-blowing mentalism, and plenty of slapstick!

The Coffeehouse Recording Studio (510 Main-down the alley)

1 2-4pm: Original Songwriters' Showcase

Watch and listen as five area music artists perform and record their original material in an intimate, open-house setting. Enjoy free iced coffee courtesy of Brew Bakers Café. Artists: Kevin Dav. Ashlev Hamel. The Wyrd Brothers. Terry', Moses Randolph.

Wesleyan RJ Julia Bookstore (413 Main)

11-11:45am: Polly Fiveash and Anand Nayak Spare guitar and beautiful vocals blend on deceptively simple songs that combine the sublime and the ridiculous.

Wesleyan RJ Julia Bookstore (413 Main)

12-12:45pm: Anitra Brooks

Brooks sings truthful, courageous originals in a warm, resonant contralto accompanied by uke and piano, serving up pop, jazz, folk and blues with a side of reggae and Latin.

⚠ 1–1:30pm: Chamber Music with Nadya Potemkina

Violist Nadya Potemkina directs the Wesleyan Orchestra and Concert Choir; for this program of classical music, she is joined by Weslevan student

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Make sure to stroll west up the hill on Williams, College, or Court Street to the

Wesleyan University Campus and check out

The MASH! from 2-7:30pm

At The MASH, Wesleyan's annual celebration of student music, three stages host an eclectic mix of sound (featuring alum Jess Best '14!), as well as poetry, visual art and dance, plus a community drum circle from 2-4pm.

Visit www.wesleyan.edu/themash

WORKSHOPS | DEMOS **ACTIVITIES | OPEN HOUSES**

(Listed Alphabetically)

F = FAMILY-FRIENDLY W = WORKSHOPS M = MUSIC A = AT WESLEYAN

Adelbrook's Sense-Able Solutions (Riverview Center 102)

10:15-10:45am: Music and Movement Class

18-38 months and their grown-ups 11am-Noon: Yoga for Kids of ALL Abilities

3-12; grownups welcome) ■ Noon-3pm: Open Gym (all ages)

1-2pm: Sensory Supporter's Boot Camp Workshop (adults)

Sense-Able Solutions provides occupational therapy for children and adolescents; and classes and play opportunities for children and families

Amato's Toy and Hobby (395 Main)

■ Noon-2pm: TrainLand Display

Spectacular model train displays, both vintage and new!

Butter (68 Washington)

1-4pm: Vintage Butter

Share a story inspired by a vintage treasure in this eclectic boutique (or bring a treasure in to show and tell) to enter a drawing for a \$50 gift certificate!

Church of the Holy Trinity (381 Main)

9:30am-Noon on the Lawn: French Connection Painters

These plein air painters have been painting together for 25 years! Save the date to see their exhibit at Middletown's MAC650 Gallery the

10am-2pm in the Church: Middletown in Stained Glass

Join Parish Historian Diane Reed for a tour of the windows of Church of the Holy Trinity, installed between 1873-1874. Learn about their symbolism, the Middletown patrons who gave them, and the people in whose memory they were given.

Cinder + Salt (520 Main)

10am-6pm: Enchanted Forest Photo Booth

This playful, stylish, sustainable design/printing company printed our Stroll T-shirts—and whipped up a creative photo booth just for the Stroll!

Community Health Center, Inc. Rooftop Garden (675 Main)

10am-4pm: Open House

Ride the up elevator to see CHC's beautiful rooftop garden and snap a selfie with the Arrigoni Bridge!

11am-12:30pm: Herb Gardening in Small Spaces

M Join Ben Davies from MARC Community Resources to learn about herbs and how to grow them; and plant and take home an herb of your choice.

Family Wellness Center (635 Main)

1 10am−12:30pm: Face Painting

Enjoy free face painting with Ana Ughetti—and find out about FWC's free playgroups, support groups, parenting classes and children's activities.

It's Only Natural Market (575 Main)

10am-2pm: North End Farmers' Market and North End

M 11am-1pm: Wesleyan Student Musicians

Browse produce from Wesleyan's Long Lane Farm, Forest City Farms and other vendors, learn about the North End Action Team's neighborhood initiatives, and listen to Weslevan student musicians.

Kidcity Children's Museum (119 Washington)

9am-5pm: Free admission all day

Three floors of imagination play for kids age 1 to 7 and their favorite grownups

Klekolo World Coffee (181 Court)

Noon-2pm: Specialty Drink Tasting

Put a little pep in your afternoon Stroll with free samples of specialty lattes, chais, cows, and more.

Mac650 (650 Main)

10-4pm: Drawing in the Gallery

Mac650 hosts still-life drawing from 10am-4pm, and live (costumed) figure drawing from 1-4pm. Pencils and paper are provided.

Middletown Art Academy (508 Main)

11am, 2:15pm, 3:15pm: Sidewalk Art Demos (30 min)

4-5pm: Open House

Teaching artists demonstrate pencil drawing (11am), digital art (2:15pm) and mixed media (3:15pm) on the sidewalk; the Open House offers information on Academy classes for kids and adults.

Middletown Fire Department Headquarters

(533 Main) 10am-2pm: Fire House Tours

Tour the station, meet the firefighters on duty, and learn about the vehicles used for different emergency situations. Very child-friendly!

Middletown Sound

10am-4pm: Music Installation at Various Locations

Anthony Dean (Wes '17) re-interprets the soundscape of Middletown using field recordings, sound collage and digital manipulation. Put on a helmet to

Middlesex Music Academy (440 Main)

⚠ 2-4pm: Music Teachers at the Mic

MMA's great music teachers jam on the sidewalk.

Middlesex Historical Society (151 Main)

1-4pm: Open House

Visit the exhibit A Vanished Port: Middletown & the Caribbean, 1750–1824 to learn how Middletown's prosperity during this era rested on the suffering of enslaved sugar plantation workers in the English Caribbean.

Middlesex YMCA (225 Main, outside of Citizen's Bank)

10am-12:30pm: Family Games

Middlesex YMCA's headquarters is at Union and Main; today, they'll be on the sidewalk at 225 Main with fun physical games and activities (and prizes!) for

Oddfellows Playhouse (128 Washington)

10am-2pm: Open House and Circus Arts Demos

Catch a tour led by Oddfellows' Young Artists Council; meet the fall teaching team; try on a circus costume, and test your skills at juggling, diablo, hula

O'Rourke's Diner (728 Main)

2:30-3:30pm: Tea and Scones with Brian O'Rourke

Brian O'Rourke has infused this Middletown landmark with creative cooking and thinking since 1977. Join him in the garden for Irish tea, scones, and conversation about Middletown.

Pamela Roose Specialty Hand Knits and Yarn

(88 Court) 11am-4pm: Make a Pom-Pom

Pamela Roose carries a selection of high-quality yarns for knitting and crochet. Stop by to make a free pom-pom for your key chain or backpack pull!

Parade Prep Headquarters (420 Main)

10am-12:30pm: Free Crafts! Decorate a Hat, Paint a Parasol, Make a Wooden Harmonica

Planning to stroll in our sidewalk parade at 12:30pm? The headquarters is stocked: make your own hats, parasols, and harmonicas.

Pedal Power (359 Main)

6 9–10am: Community Bike Ride

Meet at 9am for a relaxed bike ride along the Connecticut River. Kids under 16 welcome with an accompanying adult (helmets required).

Pocketful of Posies (Main Street Market/386 Main)

1-2pm: Free samples for foodies!

Taste gourmet goodies on the charcuterie board and leave with your choice of a sample olive oil or vinegar.

Poets' Corner (by Liberty Bank, 315 Main)

11am-2pm: Poetry Share

Write, listen and share with these Middletown poets!

Riverview Arcade

10am-2pm: Sidewalk Chalk Art with Middletown Recreation and Community Services

Help decorate our city streets at Riverview Center! Chalk is provided.

1:30-3pm: A Couplet for a Cupcake-let

Deliver two lines of Shakespeare (provided by ARTFARM) to earn a mini-cupcake from Fusion Bakery.

St. Vincent De Paul Soup Kitchen (617 Main) 2-4pm: Open House for Abby Carter Portrait Gallery

Drop in to marvel at more than 200 pencil sketches of soup kitchen guests by renowned children's book illustrator Abby Carter. Light refreshments will

Spear Park (corner of William and Main)

1-4pm: Play with Physics

Float down the sidewalk! Lift twice your weight! Play a slingshot symphony! Presented by Kidcity's exhibit builder Matt Niland and the Mercy TechTigers.

Stage Left Dance (Riverview Center, Suite 100)

11–11:30am: Kids' Hip Hop Workshop

M Get your groove on with a free hip-hop class for kids!

Sweet Harmony Bakery and Cafe (330 Main)

11am-Noon: Sweet Treat Samples Tat Wong Kung Fu Academy (42 Washington)

11:45am-12:15pm: Free Class and Kung Fu Demonstration Fat Wong Kung Fu Academy teaches Kung Fu to students age 4 and up. Join Sifu Daniel Ostrow for a short demo followed by an easy class for all ages. Bare feet, comfortable clothes, and an open mind are all you need.

Tesoro Artisan Gift Boutique (680 Main)

⚠ Noon–3pm: Children's Crafts

Work with an artist to create simple jewelry or a handmade card.

The Board Room (514 Main)

♠ Noon-4pm: Free Board Game Play

Bring a friend and test your luck on hundreds of board games, classic and new. Food and drink available for purchase.

Tschudin Chocolates & Confections

(100 Riverview Center)

11am-4pm: Chocolate-making Demonstrations

Look for ongoing artisanal chocolate-making and sculpture demonstrations throughout the day!

Vinnie's Jump and Jive (424 Main)

10am-5pm: Dance Class Demos

Middletown's community dance studio offers 30-minute class demos, from belly dancing to salsa, swing, B-boy/b-girl, hip hop, and more. Find a schedule online and at the door.

Weslevan RJ Julia Bookstore (413 Main)

10:30-11am: Children's Story Hour with Mayor Drew

2-3:30pm: Author Talk Featuring Anthony Renzoni, author of Connecticut Rock n' Roll: A History

Learn about rock n' roll in Connecticut, including the Highwaymen folk group that came together as freshman at Wesleyan! With in-depth interviews and rare photos, Renzoni leads a sonic trip that captures the spirit and zenith of

WESU Radio Station (45 Broad)

11am-1pm: Radio Station Tours

Get a peek inside WESU (and marvel at their vinyl collection) with small group tours from 11am-1pm; speakers outside the studios let you listen to 88.1 while you wait.

Yoga in Middletown (438 Main)

1-2:30 pm: "Ask a Yoga Expert" with Sandra Koppell

Sandra Koppell answers your questions about how skeletal alignment can be improved through yoga to benefit your overall health. No experience necessary, but wear stretchy, comfortable, clothes if you would like to try

Other cool things to check out when you're downtown on **September 9th:**

Middlesex Historical Society (151 Main)

10am-12:30pm: Civil War Preservation March

Learn about Middletown's Civil War history as you march with members of the 14th Regiment Connecticut Volunteer Infantry. Begin at 151 Main Street and end at Indian Hill Cemetery. Admission is \$10.

Russell Library (123 Broad)

10am-2pm: Friends of the Russell Library Book Sale Great deals on gently-used books for all ages.

THANK YOU, SPONSORS!

Made possible by the City of Middletown, the Middletown Downtown Business District, and Wesleyan University

Extra thanks to: Amato's Toy & Hobby, Church of the Holy Trinity, Middletown Housing Authority, Hajjar Management, Mercy High School, Kidcity Children's Museum, and Community Health Center, Inc.



Stroll between Wesleyan's campus and Middletown's Main Street to enjoy two festive events in one day.

A **family-friendly celebration** of

Middletown's Main Street and the new Wesleyan RJ Julia Bookstore, the MAIN STREET STROLL features music, street performers, specialty workshops, free admission at Kidcity Children's Museum, and much more!

Wesleyan's **The MASH** festival highlights the student music scene, with multiple stages on campus from 2 to 7:30pm featuring everything from a cappella ensembles to student, faculty, and alumni bands.

For the latest news on **STROLL** events. visit mainstreetstroll.squarespace.com