

Revised 3/6/18 / SEK									
	Last Name	First Name	Contact Info:	Walkable? Accepting? When/Date?	Wait Time? More than Once per week?	Client populations/specialties?	Eval.	Insurances accepted?	Sliding Scale offered?
1	Abram, LCSW	Kim	6 Way Rd. Middlefield Ct, 06455 KimAbramLLC@gmail.com P: 860-788-5462	W: No A: Yes D: 2/22/2018	T: Depends O: Yes	Speciality is trauma, although I have worked with children to adulthood with many diagnosis.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Medicaid	Yes
2	Addington, Psy.D.	Jessica	381 Hubbard Street, Suite 304, Glastonbury, CT 06033	W: No A: Yes D: 1/1/2018	T: 1 week O: No	Young women struggling with life transitions, stress, anxiety, self esteem, insecurities, perfectionism, and helping to empower these women in their relationships and life choices CBT, psychodynamic, interpersonal, and mindfulness based approaches.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, Oxford Health - HMO, Oxford Health - POS, UnitedHealthcare of New England - HMO, pending Husky/Medicaid	No
3	Augeri, APRN	Francine	79 Mill Street, Suite 101 P: 860-613-0097	W: A: D:	T: O:	Medication Management for adults (17+) / Anxiety and Mood disorders			
4	Bank, Ph.D.	Stephen	267 William Street P: 860-490-6788/490-6788	W: Yes A: D:	T: O:	Adolescents/Young Adults		No / \$180 per hour	

5	Barcewicz, Psy.D.	Elizabeth	<p>Connecticut Behavioral Health 673 South Main Street Cheshire, CT 06410</p> <p>P: 203-271-1430 F: 203-271-1430</p> <p>drlizbarcewicz@gmail.com</p>	<p>W: No A: Yes D:</p>	<p>T: 1 week O: Yes</p>	<p>Anxiety, Depression, Eating Disorders</p> <p>Call Denise at the front desk and ask to schedule appointment with a psychologist. We have several male and female psychologists on staff.</p>	No	<p>Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, UnitedHealthcare of New England - HMO, Beacon Health, Optum, Harvard Pilgrim</p>	Yes
6	Bernstein, Ph.D.	Katharine	<p>291 Whitney Ave, Suite 301, New Haven, CT 06511</p> <p>drbernstein@cdcibt.com</p> <p>P: 203-787-3070, ext 7 F: N/A</p>	<p>W: No A: Yes D: 2/22/18</p>	<p>T: 1 week O: No</p>	<p>DBT and CBT, especially OCD and trauma</p> <p>"I am fluent in Spanish. I am currently completing my post-doc at the Center for Dialectical and Cognitive Behavioral Therapies. This means that I am not yet licensed and am under the supervision of our clinical director, George H. Davis, Ph.D.</p>	No	None	Yes

7	Boudinot, LMFT, NCC, CFTP	Jackie	80 Plains Rd. Essex, CT 06426 middlesexwellness@gmail.com P: 860-510-6130 F: 860-760-6706	W: No A: Yes D: 2/20/18	T: 1 week O: Yes	College Age, Anxiety, Depression, LGBTQ+, Divorce, Blended Families	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, HUSKY	Yes
8	Cenotti, LPC	Diane	360 Main Street, Suite 2B Middletown dianecenottlpc@gmail.com P: 860 639 4466	W: Yes A: Yes D: 2/20/18	T: 1 week O: Yes	Life transitions, anxiety, depression, PTSD 8 years experience working primary with children and young adults.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Husky	
9	Chapman, Ph.D.	Clara F.	11 South Main Street (on the corner of South Main + Church Streets) Middletown, CT 06457 clarachapm@gmail.com P: 860-346-7879 F: 860-344-1301	W: Yes A: Yes D: 7/7/15	T: 1 week O: Yes	Anxiety, depression, family and relationship issues	No	Incorporate CBT into weekly work with clients.	Yes

10	Cooper, LPC	Jane R.	600 Plaza Middlesex 120 College Street Middletown, CT 06457 jrcoop59@gmail.com P: 860-346-8889	W: Yes A: Yes D:	T: 1 week O: Yes	anxiety and depression LGBTQ Post-traumatic Stress Disorder family issues eating disorders	Yes	Overall goal is always to decrease frequency of treatment as a result of increased ability to self manage symptoms.	Yes
11	Daniels, Psy.D.	Kimberly	682 Prospect Ave. Hartford, CT 06105 kdanielspsyd@gmail.com P: 860-231-2227 F: 860-231-2227	W: No A: Yes D:	T: 3 weeks O: Yes	Eating disorders, obesity, weight loss, mood disorders.	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes

12	DeBella, RD	Ashley	750 Old Main Street, Suite 306 Rocky Hill, CT 06067 35 Tower Lane, Suite 104 Avon, CT 06001 Amdebella115@gmail.com P: 860-985-9278 F: N/A	W: No A: Yes D: 2/21/18	T: 1 week O: Yes	Eating disorders Certified Eating Disorder Registered Dietitian Specializing in the treatment of all eating disorders. For the past 5 years I was the registered dietitian for the Institute of Living's partial hospitalization and intensive outpatient programming. Eating disorders is my passion and began a private practice committed to folks of all ages who struggle with any form of an eating disorder.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, Oxford Health - HMO, Oxford Health - POS, UnitedHealthcare of New England - HMO	Yes
13	Degling, LPC	Andrew	147 Main Street AndyDegling@gmail.com P: 860.944.1171	W: Yes A: Yes D: 9/1/15	T: 2 weeks O: Yes	anxiety, depression, ADD, anger management.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS	Yes

14	DiCicco, LPC	Chelsea	360 Main Street Middletown CT 06457 cdciccocounseling@gmail.com P: 8603225708 F: N/A	W: Yes A: Yes D: 2/21/18	T: 1 week O: Yes	Anxiety, adjustment disorder, trauma, eating disorders, depression I have extensive experience working with college aged students, both male and female. I've worked a lot with individuals with PTSD, adjustment disorder, eating disorders/disordered eating, anxiety, and depression.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Husky	Yes
15	Dunn, Psy.D.	Sarah	81 Putnam Avenue, Hamden CT Sbione@gmail.com P: 4043868412 F: N/A	W: No A: Yes D: 2/21/18	T: 1 week O: Yes	Depression, anxiety, gender, sexual health	Yes	Husky	Yes
16	Edwards, Psy.D.	Laurie	1 South Main Street, Suite 3; Branford, CT 06405 laurie.edwards@yale.edu P: (203) 747-5320 F: (203) 974-7322	W: No A: Yes D: 1/1/18	T: 1 week O: Yes	I am also a yoga teacher and can incorporate simple movements, breathing exercises, and meditation into traditional "talk therapy" for clients who are interested.	No	I can assist clients in obtaining out of network reimbursement Phone call or on-line appointment requests are best. An appointment request can be made through my website http://www.lauriemedwardspsyd.com	No

17	Emery, LCSW	Amy F.	56 Center Street, 2nd Floor, Southington, CT 06489 Amy@HHCounseling.com P: 2033404653 F: 2032083549	W: No A: Yes D: 2/23/18	T: 1 week O: Yes	I work primarily with the LGBTQ* community, with a strong sub-specialty around gender affirming care, and my other specialty is around Brene Brown's "The Daring Way" certification, which focuses primarily around Authenticity, Connection, and Shame-Resilience. Clinical focuses are primarily around Gender Identify and Sexual Orientation; Authenticity, Connection, and Shame-Resilience; Self-esteem and Self-image.	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, CT Husky	No
18	Fitzgerald, LCSW	Diane	264 Main Street Portland, CT 06480 P: 860-894-2384 F: 860-894-2685 Dfitzlcsw@gmail.com	W: No A: Yes D:	T: 1 week O: Yes		Yes	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, Medicaid A & B	Yes

19	Fontanella, LCSW, LADC	Jill E.	79 Mill St. Middletown, Ct. 06457 jillfonto@gmail.com P: 203-213-9078 F: 860-349-0324	W: Yes A: Yes D: 6/17/15	T: 1 week O: Yes	I have two therapy dogs that can come to sessions upon request.	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes
20	Grisham, LCSW, LADC	Donna	267 William Street Middletown, CT 06457 CTdonnagrisham@sbcglobal.net P: 860-965-3570	W: Yes A: Yes D:	T: 1 week O: Yes			Aetna, Anthem, & UBH	Yes
21	Hamlett, Ph.D.	Nakia	PENDING nakia.hamlett@yale.edu P: (203) 772-9251	W: Yes A: Yes D: 9/4/17	T: 1 week O: Yes	I have advanced training in trauma centered psychotherapy and working with addiction. I	Yes	Private Pay	Yes
22	Hameline-Kaszny, LMFT	Susan	267 William St. Middletown, CT 06457 susan@kasznay.com P: 860-989-5229 F: 860-347-0367	W: Yes A: Yes D: 2/11/15	T: 1 week O: Yes	Anxiety, depression, women's issues, couples/family therapy, substance abuse	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes

23	Hillbrand, Ph.D.	Marc	11 South Main Street Middletown, CT 06457 P: 860-343-3469 marc.hillbrand@yale.edu	W: Yes A: Yes D:	W: 1 - 5 days O: If needed	Stress management, couples' issues, trauma, LGBT, ADD/ADHD, learning disorders, autism, and psychosis.	Yes	Anthem & Cigna	Yes
24	Hirota, LCSW	Wakana	1090 elm street suite 104 Rocky hill CT 06067 Whirota@gmail.com P: 4132186425 F: None	W: No A: Yes D: 2/20/18	T: 1 week O: Yes	Anxiety, depression, life adjustment, relationship issues, trauma, grief and loss, identity development, and grief and loss. I offer evening hours and sunday appts.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, UnitedHealthcare of New England - HMO, Husky/medicaid	Yes
25	Houghtaling, LCSW	Virginia	770 Old Saybrook Road, Suite B P: 860-343-5385 F: 860-343-5391	W: No A: Yes D:	T: 2 weeks (1 week - sometimes) O: Yes	Anxiety, Depression, Young Adult/College Life Issues, LGBTQ issues, Loss/Grief Issues, EMDR trained, & Trauma Recovery	No	Aetna Health - HMO, & POS, Anthem Blue Cross and Blue Shield in CT - HMO, & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, Healthy CT, & Cigna HealthCare of CT - HMO & POS (Only out of network.)	Yes

26	Jamon, LCSW	Tiffany	79 Mill Street P: 860-910-8156 F: 844-767-4448 Tiffany.jamon@gmail.com	W: Yes A: Yes D:	T: 1 week O: Yes	Adolescent/Adult Specialty: Substance use/dependence, depression, & anxiety	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Healthy CT	No
27	Jason, LCSW	Lindsey	79 Mill Street Middletown CT 06547 P: 860-263-9273 F: 844-767-4448 lindseybjason@gmail.com	W: Yes A: Yes D:	T: 1 week O: Yes	Eating disorders, body image, depression, anxiety, & trauma. Day and evening hours available	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, HUSKY	No
28	Jones, Ph.D., LPC, LLC	Julie K.	79 Mill Street Suite 202 West Middletown, CT 06457 info@welllifetherapyllc.com P: 860-258-6060 www.juliekjonestherapy.com	W: Yes A: Yes D:	T: 1 week O: Yes	Holistic counseling, depression/anxiety, bipolar illness, PTSD, OCD, stress management, ADHD, women's issues, transitional issues Young women and adolescents	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Husky A, B, C and D and Healthy CT	No
29	Leite, Psy.D.	Stephanie	674 Prospect Ave #101, Hartford CT Stephanie@drleite.com P: 860-729-2613 F: 860-651-0558	W: No A: Yes D: 4/5/18	T: 2 weeks O: Yes	Threat and risk assessment evaluations and management. I am also available to be a part of a threat assessment team or to do trainings.	Yes	None accepted. Sometimes HUSKY	Yes
30	Levin, MA, MS, LMFT	Jacqueline B.	639 Prospect Avenue, Fl. #3 Hartford, CT 06105 P: 860-385-1574 P: 860-539-5430 P: 860-561-0278 jackie@jackielevin.com	W: No A: Yes D:	T: Immediately O: Yes	Specialty modality is Internal family Systems therapist; Populations: PTSD, Suicidal ideation, attachment issues/ issues with parents	Yes	Anthem Blue Cross and Blue Shield in CT - POS	Yes

31	Manderino, LPC	Laura	116 Georgetown Drive Watertown, CT 06795 (I provide tele-health counseling for those that are too far from me. It is covered by most insurance companies.) ManderinoLPC@gmail.com P: 203-592-7898 F: 959-209-4127	W: No A: Yes D:	T: 1 week O: Yes	Anxiety, depression, LGBTQ+, mood disorders, chronic illness and chronic pain, trauma, ADHD, OCD and panic attacks, life transitions and career transitions, stress management. I am trained in tele-health and worked in a college counseling center as a psychology intern during graduate school.	Yes	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Medicaid, Optum	Yes
32	Marinchak, Psy.D.	Kate	566 Prospect Ave., Hartford, CT 06105 drkate.marinchak@gmail.com P: 860-595-2728	W: No A: Yes D:	T: 2 weeks O: No	College students/late adolescence, early adulthood drkatemarinchak.com	No	No	Yes
33	Maule LLC, LPC, NCC	Andrea B	Middletown Business Park 460 Smith Street Middletown, CT 06457 P: 860-999-3868 Andreabmaulellc@hotmail.com	W: No A: Yes D:	T: 1 Week O: Yes	Over 12 years of professional counseling services working with adolescents through adulthood.	No	Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS	No
34	McMullen, LCSW	Paige	79 Mill Street Suite 202 West Middletown, CT 06457 P: 860-930-3598 F: 860-909-0366 jjones92@comcast.net	W: Yes A: Yes D: 9/1/15	T: 1 Week O: Yes	Adolescent Girls, young women (ages 12-35) Depression, Anxiety, Self-esteem and identity issues, Mood Disorders	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Husky, Healthy CT	Yes

35	Meyer, Ph.D.	Jessica	100 Riverview Center Suite 318 Middletown, CT 06457 P: 860.797.5380 jessmeyer@gmail.com	W: Yes A: Yes D:	T: Variable O: No	Depression, Anxiety, Trauma, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Mindfulness meditation	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS	Yes
36	Middletown Counseling LLC		360 Main St. Middletown CT krystalmoon888@gmail.com P: 8607991415 F: 8602280797	W: Yes A: Yes D: 2/21/18	T: 1 week O: Yes	We have 3 clinicians at our office with varying specialties including; mood disorders, substance abuse, and trauma symptoms. "Jesse LaMorte LCSW is a male bilingual clinician (Spanish), he enjoys working with young adults with life transitions, mood disorders, and substance abuse issues Erin Walsh LCSW enjoys working with young adults struggling with anxiety, depression, or life transitions. Krystal Moon LCSW works with people struggling with trauma symptoms, anxiety, and depression. "	No	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, Husky	Yes
37	Mills, LPC	Marilyn	138 Broad ST P: 860-347-7320 F: 860-344-8801	W: Yes A: NO D: 1/1/2016	T: 1 Week O: Yes	social problems sexual concerns / orientation / identification depression family dysfunction / pressure childhood abuse ADD / ADHD anxiety	No	check. cash, Husky, out of network	Yes

38	Murray-Lane, LCSW	Barbara	140 Washington Street Middletown, Ct 06457 P: 860-526-4234 F: 860-347-4215 barbaramurraylane@hotmail.com	W: Yes A: Yes D:	T: 1 Week O: Yes	Women only Anxiety/Depression/Adjustment Issues website: barbaramurraylane-LCSW.com	No	Anthem Blue Cross and Blue Shield in CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, Husky	Yes
39	Offner, LCSW	Joan E.	100 Riverview Center Suite 303 Middletown, CT 06457 P: 860-347-0714 F: 860-347-0714 joanoffner@sbcglobal.net	W: Yes A: Yes D:	T: 2 Weeks O: Yes	adult population specialties: issues involving adjustment, anxiety, depression, sexual orientation, relationship, individuation, family of origin (note: no substance abuse, personality disorders, eating disorders)	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS,	No
40	Patti, Ph.D.	Anne M.	200 West Center Street, Suite C3 Manchester, CT 06040 P: 844-428-8728 AnneMPatti@gmail.com	W: No A: Yes D:	T: O:	Anne has been a practicing psychologist for over 20 years and has worked with a wide variety of presenting concerns, including depression, bipolar illness, anxiety, and PTSD. Areas of specialization include: Trauma related to childhood abuse, sexual assault, military service and other challenging life events, grief and loss, & developmental issues.			

41	Pera, LCSW	Vanessa	438 Main Street, Suite 301 Middletown, CT P: 860-834-1018 F: 860-545-7302 vmpera@hotmail.com	W: Yes A: Yes D:	T: 2 weeks O: Yes	My theoretical orientation is integrative, which means I use a mixture of cognitive behavioral, solution focused, mindfulness, stress management and insight oriented techniques. My style is warm and interactive. I provide ongoing feedback as well as suggesting activities to do between appointments. ADHD, Anxiety, Anger Management, Behavioral Issues, Bipolar Disorder, Career Counseling, Chronic	Yes	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Medicaid	Yes
42	Peterman, PhD	Susan	10 N. Main St, Suite 204 West Hartford, CT SusanEPetermanPhD@gmail.com P: 860 233-8111 F: 860-236-2016 SusanEPetermanPhD.com	W: Yes A: Yes D:	T: 1 week O: Yes	I have worked with children, adolescents and adults who are dealing with depression, anxiety, eating disorders, addictions, relationship problems, stress, and trauma. i work with individuals, couples and families, and offer group therapy. I also work with people on career development issues, and am an affiliate for The Highlands Company.	No	Out of Network coverage	Yes

43	Peterson, APRN	Wendy Levin	267 William Street Middletown, Ct 06457 wendypetersonaprn@gmail.com P: 860-231-2381 F: 860-231-2381 www.wendypetersonaprn.com	W: Yes A: Yes D: 1/26/15	T: 2 weeks O: Yes	I treat all psychiatric diagnoses including depression, anxiety, mood disorders, PTSD, ADD and personality disorders. I have had a lot of experience with college age patients and prefer this population.	Yes	No	No
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44	Phipps, PhD	Carrissa	<p>360 Main St, Suite 2B Middletown, CT 06457</p> <p>drcpp@smallvictorieswellness.com</p> <p>P: (860) 740-2041 F: (844) 264-0237</p> <p>https://www.smallvictorieswellness.com/</p>	<p>W: Yes A: Yes D: 1/30/18</p>	<p>T: 1 week O: Yes</p>	<p>Depression, anxiety, major life transitions, and relationship concerns impacting college students (special interest in first-generation college students)</p> <p>I have multiple years of specialized training with young adults in college counseling centers.</p>	No	<p>Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, Medicaid of CT (Husky) and Medicare</p>	Yes
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45	Pires, Psy.D.	Sarah	451 State Street B2 North Haven CT 06473 hello@sarahpirespsyd.com P: 203-585-4730 F: 1-855-746-8498	W: No A: Yes D: 2/21/18	T: 2 week O: Yes	Teen girls and young women dealing with anxiety, depression, and relationship difficulties. I have a special interest in helping women dealing with self-doubt and perfectionism to find self-acceptance within.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, Oxford Health - HMO, Oxford Health - POS, UnitedHealthcare of New England - HMO, Harvard Pilgrim; Medicaid/Husky; Aetna is pending	No
46	Ram , LMFT, LLC	Heather	198 South Main Street Middletown, CT 06457 ram.heather@gmail.com P: 860-305-4500 F: 860-349-9654	W: Yes A: Yes D: 6/1/15	T: 1 week O: Yes	Multiethnic populations, lifestyle adjustment, stress and mood management, balanced solution focused approach.	No	Anthem Blue Cross and Blue Shield in CT - HMO & POS, Medicaid	No

47	Reflections Counseling and Consulting Services		1177 Silas Deane Hwy, 3rd Floor, Wethersfield CT 06109 Info@reflectionscs.com P: 8608370401 F: 8602158272 Our website is www.reflectionscs.com	W: No A: Yes D: 2/22/18	T: 1 week O: Yes	Teens and Millennials, Emotional Eating, Addiction and Recovery, Trauma We are a group of seven licensed therapists who specialize in working with college students who struggle with anxiety, stress, life changes, eating disorders, and/or addiction.	Yes	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS	Yes
48	Reynolds, Ph.D.	Robert	770 Saybrook Road, Building B Middletown, CT 06457 P: 860-343-0227 F: 86-343-8511	W: A: D:	T: O:	Focused ADD testing			
49	Ringwald, Ph.D.	John	600 Plaza Middlesex 120 College Street Middletown, CT 06457 jwringwald@gmail.com P: 203-776-4910	W: Yes A: Yes D:	T: 1 week O: Yes	Individual psychotherapy Couple Psychotherapy/ Emotionally Focused Therapy	No		Yes
50	Robbins, Ph.D.	Deena	770 Old Saybrook Road, Suite B P: 860-344-9616	W: A: D:	T: O:				

51	Russolillo, Ph.D	Patrick	154 College Street Middletown, CT patrj74@aol.com P: 860-344-9694 F: 860-346-2947	W: Yes A: Yes D: 6/29/15	T: 2 weeks O: Yes	Anxiety, Learning disorders, ADHD, Impulse control problems, depression	Yes	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - HMO & POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO	Yes
52	Sawka, LCSW	Alane	769 Newfield Street Suite 2 P: (860)830-8866 F: (860)740- 6132 alanesawkalcsw@gmail.com	W: Yes A: Yes D:	T: 2 weeks O: Yes	Trauma- Trained in EMDR I use a very holistic approach to treatment. I focus on mindfulness skills and incorporate DBT skills when appropriate. I have experience treating various conditions including trauma, anxiety, and depression.	Yes	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, Medicaid/ Husky	Yes
53	Shapiro-Weiss, M.D.	Janet	7 Spring Street Middletown, CT 06457 janetswmd@gmail.com P: 860 344-9558 x2 F: 860-347-6265	W: Yes A: Yes D:	T: 2 weeks O: Yes		No	all insurance with out of network coverage	Yes

54	Shapiro-Weiss, M.D.	George	7 Spring Street Middletown, CT 06457 gjswmd@aol.com P: 860-344-9558 F: 860-347-6265	W: Yes A: Yes D:	T: 1 week or sooner O: Yes	All aspects of Child and Adolescent psychiatry and Adult psychiatry except chemical dependency.	Yes		No
55	Spalding, LCSW	David	11 South Main Street (on the corner of South Main + Church Streets) Middletown, CT 06457 P: 860-398-5917 F: 860-344-5510	W: Yes A: Yes D:	T: 2 weeks O: Yes	Addictions, Psychological Trauma /EMDR, Anxiety, Depression, Grief, Meditation, Relaxation, CBT, Rogerian	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, & Cigna HealthCare of CT - HMO & POS	Yes
56	Sylvester, Ph.D., CAS	Tom	College Street Counseling 154 College Street P: 860-347-8894	W: Yes A: D:	T: O:	Addictions, ADD, Anxiety, and Depression	Yes		Yes / Lowest Rates \$70 - \$80

57	Taylor-Austin, NCC, LPC, LMHC, CFMHE, CFBA	Lisa	57 Plains Road 2C, Milford, CT 06461 lisataylorAustin@gmail.com P: 12035226164 F: 2038783228	W: No A: Yes D: 2/20/18	T: 1 week O: Yes	anxiety, depression, 504 plans, decision-making We do not treat eating disorders, personality disorders, or autism disorders. These are areas of expertise we do not have.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, Oxford Health - HMO, Oxford Health - POS, UnitedHealthcare of New England - HMO, Yale Health; Optum, Magellan	No
58	Watanabe, LCSW, LADC	Kathleen	154 College Street Middletown, CT Luci12@sbcglobal.net P: 860.347.8894 F: 860.346.2405	W: Yes A: Yes D: 6/29/15	T: 1 week O: Yes	Adults	No	Aetna Health - HMO & POS, Anthem Blue Cross and Blue Shield in CT - HMO & POS, Cigna HealthCare of CT - POS, ConnectiCare - HMO & POS, ConnectiCare Insurance Company - HMO & POS, Oxford Health - HMO & POS, UnitedHealthcare of New England - HMO, most other insurance	Yes

59	Weigle-Spier, PsyD	Candice	770 Saybrook Road, building B Middletown, CT, 06457 Cwspysyd1@gmail.com P: 860 349 -0385 H: 860 343-5391	W: No A: Yes D:	T: 2 weeks O: Yes	Older female psychologist with many years of experience. Many interests, adventurous and creative.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Cigna HealthCare of CT - HMO, Cigna HealthCare of CT - POS, ConnectiCare - HMO, ConnectiCare - POS, ConnectiCare Insurance Company - HMO, ConnectiCare Insurance Company - POS, Oxford Health - HMO, Oxford Health - POS, UnitedHealthcare of New England - HMO, Most insurance	Yes
60	Wynne, LCSW	Susan	955 South Main Street, Middletown, CT 860.670.4423 skwgarden@aol.com	W: Yes A: Yes D: 9/10/15	T: Flex Hours O: Yes	I am a Licensed Psychotherapist specializing in the treatment of young adults experiencing a wide range of behavioral, academic and relational problems. I strive to create a safe, caring, and supportive environment and then combine that with a seasoned clinical approach. I specialize in Depression , ADD, substance abuse and mood disorders.	No	Aetna Health - HMO, Aetna Health - POS, Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, I accept out of network plans	Yes

61	Zinser, LCSW	Cait	120 College Street, 600 Plaza Middlesex Middletown, CT P: 860-704-9169	W: Yes A: Yes D: 2/22/17	T: 1 Week O: Yes	Treatment of trauma, anxiety and depression. I have experience working at Wesleyan in a different capacity but understand the complexities of the campus	Yes	Anthem Blue Cross and Blue Shield in CT - HMO, Anthem Blue Cross and Blue Shield in CT - POS, Husky	Yes
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